



C. U. SHAH UNIVERSITY

(Established under Gujarat Private Universities (Amendment) Act 18 of 2013)

Sponsored By : WARDHMAN BHARTI TRUST A Center of Excellence for Multi Disciplinary Research, Innovation and Culture.

No: CU/Reg/5/Cir/201/2018

Date: 21/03/2018

Circular

This letter of information is as Per UGC (Website-Notice) letter no: No.F. 14-13/2015(CPP-II) dated: 13/03/2018, The 4th **International Day of Yoga (IDY)** will be held on **June 21, 2018**. The Ministry of AYUSH has taken up the preparation for celebration of International Day of Yoga with greater and more active participation of youth during the current year celebration. It has been decided to celebrate the IDY 2018 in a befitting manner by adopting the following activities:

- i. To build a culture and environment for Yoga in Universities and Colleges and other Higher Education Institutions (HEIs)
- ii. To organize quiz competitions, lecture, special yoga demonstrations, debates, seminars and workshops on Yoga
- iii. To hold Yogathons, Wellness Centers, Poster Presentations, and best research paper presentations on Yoga Day

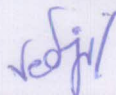
Accordingly, you are requested to kindly observe the International Day of Yoga on 21st June, 2018 by undertaking the above mentioned activities in your esteemed Colleges.

You are also requested to disseminate and give wide publicity for Celebrations of IDY-2018 as a run-up activity on two select dates. These dates are **13th March (100 days to the event)** and **2nd May (50 days to the event)**.

Since the first event falls on 13th March, 2018 itself, it is not possible to organize this event. All the HEIs are requested to undertake all other activities as mentioned above.

You are requested to provide details of the activities to this University **22nd June, 2018** to upload the same on university/institution website.

Yours faithfully,


(Dr. Ved Vyas Dwivedi)
Registrar (I/C)



To
All Concerned Deans of Constituent Colleges

